St Helena's Church of England Primary School PE and Sports Premium 2022/23 Achievements and 2023/24 Plan

What is the PE and Sport Premium?

The PE and Sport Premium is an additional layer of funding received by schools. It is ring-fenced so can only be spent on improving the quality and breadth of PE and School Sport. It has been doubled to support schools to implement the government's Obesity Strategy and to support the health and wellbeing of all young people in the school.

How much does our school receive?

There is now a total grant of £16,000 plus £10 per child on roll. We receive this each academic year. The grant comes from 3 government departments: Education, Health and Culture, Media and Sport

Key achievements to	o date until Jul	v 2023:
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At St Helena's CE Primary School we received £17,139 for the last academic year to spend on Sports and Physical Activity. The success of the year was somewhat curtailed by limited staffing, especially for children going out and about to interschool festivals and competitions.

During 2022/23 our overall aim was to broaden children's experiences and for them to enjoy success in sports. We used the sport premium to ensure all our staff were confident delivering every aspect of physical activity, improving children's skills and when able to, increasing out of school participation; this will continue throughout this academic year too.

The funding allowed for the continued use of specialist PE teachers and support from JB Coaching. (www.jbsportcoaching.co.uk/services) They have a deep understanding of sports across the primary age, demonstrating differentiated and progressive sessions where children are physically active over 95% of the time in every session.

We have also been fortunate to hire a Sports Apprentice this year who enriched the provision across the school day, was an active role model to all our young people and delivered many sports during out-of-hours childcare hubs. We are very proud of the fact that he is to join the ranks of JB Sports Coaching programme following the successful completion of his apprenticeship diploma.

Areas for further improvement and baseline evidence of need:

- Further develop the curriculum, with the support of JB Sports company to improve teaching, learning and the commitment to daily exercise and outdoor fun
- Re-establish a calendar for inter-schools sporting fixtures and festivals for all
- Re-establish swimming lessons for KS1 as these were hindered during the last academic year due to closed facilities
- Continue to target activities for the least active/less competitive children such as inter-school festivals







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Meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	95%
N.B. Even though your pupils may swim in another year please report on their attainment on leaving	
primary school at the end of the summer term 2020.	
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	95%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	75%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No











Academic Years: 2020-24	Total fund allocated: 2020-21 £17 310 +£8000 C/F 2021-22 £22,461 2022/23 £17,180 2023/24 £17025 + £9753 carry forward Date Updated: 2023/24 funding will be used in the same way to increase our children's engagement and love of sport and deepen their knowledge and commitment to a healthy lifestyle.			
school pupils undertake at least 30 minu		vledical Officer gui	delines recommend that primary	Percentage of total allocation: 69%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
Engagement of all pupils in regular physical activity every day To have more children, more active, more of the time. This will have an impact on pupils' academic achievements, mental wellbeing, their self-esteem and overall fitness.	place when not PE days e.g. using 5 a day, morning run, physical Maths and English lessons, lunch time clubs and after school clubs Increase in varied playground equipment to encourage independent physical activity during break times and lunchtimes Services of JB Coaching, offering	support	Increased participation in exercise by all children All children can talk about a sport they enjoy	Staff worked incredibly hard during 2022/23 to ensure children were active in school everyday and when at home had exercise challenges to enjoy. The balance was maintained between all subjects and continued the commitment to physical health and well being with two hours plus of regular exercise and sports.











	Track children's participation in school sport and physical activities Track the participation of inactive children from 2021/22 data A member of staff to work closely with local SGO ducation, School Sport, Physical Activity	(PESSPA) being rai	sed across the school as a tool for	Percentage of total allocation:
Intent	Implementation		Impact	770
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
positive influence PESSPA has in their healthy lifestyles Children will feel a sense of pride in representing our school within the local community. Their engagement in school life will be more positive as a result of their participation in sport/extra-curricular activities. Attendance at school will remain positive as a result.	All children will have their PESSPA endeavours celebrated from EYFS throughout the school. Participation in clubs and events will exceed an average of 1 per child once/term. The school website will be used to communicate local Sport activities Playground Visual Screen showing physical activity games and Healthy lifestyle clips for the children and families to enjoy in breaktimes and at home – defunct now Replace well-loved, well used apparatus across the school		86% of KS2 have taken part in either a sports club, festival or competition	



















Key indicator 3: Increased confidence, kn	owledge and skills of all staff in teaching	ng PE and sport		Percentage of total allocation:
				8%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
More children will experience high quality PE, be inspired and will attend additional activities beyond those offered at school.	delivery	£1800	All children will be active for 95% of the PE sessions All children will enjoy and be challenged by every lesson	Both JB Sports coaching company and the Complete PE programme will be available again during this academic year for staff to broaden their teaching knowledge. JB sports are to deliver gymnastics and dance sessions for staff to learn from and broaden their skills base. These were the areas identified in a CPD skills audit of the current staff team.
Key indicator 4: Broader experience of a	range of sports and activities offered to	o all pupils	•	Percentage of total allocation:
				6%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: What do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
KS1 children will enjoy football KS2 children will enjoy gymnastics on the floor and apparatus with a specialist coach	JB Sports coaches will broaden range of sports available inside the curriculum and in out of hours clubs		KS1 children will have a greater understanding of the attacking skills needed in a team game KS2 children will have a wider repertoire of gymnastic moves on the floor and on the apparatus – inspired	











		by our Olympic gymnasts.	
metres and demonstrate good stroke techniques for crawl, breast, back stroke		All Y6 are swimmers	













Key indicator 5: Increased participation in	Percentage of total allocation:			
				14%
Intent	Implementation			
Your school focus should be clear	Make sure your actions to	Funding	Evidence of impact: what do	Sustainability and suggested
what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	achieve are linked to your intentions:	allocated:	pupils now know and what can they now do? What has changed?:	next steps:
Children to experience competitions and festivals with/against other local schools	Silver Package Membership to the Skegness Sports Partnership Competition Package	£1000		Membership to JB Sports inter-schools pac be purchased in addition to the Skegness S partnership.
	Transport costs for children to be able to attend out of school competitions and workshops	£1750		The Head will become Teacher in charge o
	Explore the greater potential of a Kyra East sports partnership this year as fewer opportunities are being arranged			











